

Happy New Year!



Winter 2012

Volume 2, Issue 1

Market Performance:
12/31/10—12/30/11

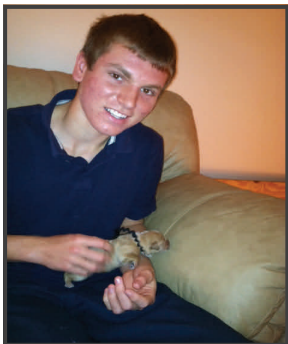
Dow: +5.53%
S&P 500: -0.003%
NASDAQ: -1.80%

Family Additions

We will be welcoming new additions to both the Wilmarth and Woodall families! No, neither Victoria OR Maureen are pregnant.

Maureen's son Jason and daughter - in - law Jen are expecting Carson Robert to be born mid January.

Steven, Victoria and Cole will pick up Dieghan their new Golden Retriever mid February!



Cole with 2 day old Dieghan

Giving Back in 2011

Junior Achievement

Each year in the Spring, Victoria teaches a fourth grade class at Longleaf Elementary about "Our Region".

These fourth graders get to create their own company and learn what resources are needed to make it successful. They have such sharp minds and catch on quick!



The Haven for Children's Annual Heavenly Affair

This year's event held November 5th at the Hilton Rialto was a HUGE success! Over \$60,000 was raised to help the thirty one children we house. This year's mystery dinner theater was so much fun! Thanks for your support.



Toys for Tots Motorcycle Run

This year, Steve and Trish Spragins introduced us to the Toys for Tots motorcycle ride on December 3rd. Hundreds gathered to ride from Merritt Square Mall to the Wickham Park Pavillion. Thousands of toys were gathered! Great day! Great cause!



Golf!!!!!!!

Eleventh Annual Haven Challenge Golf Tournament

Join us on Saturday, March 31st at Suntree Country Club to enjoy an afternoon of golf to support the children of the Haven. The Haven has 3 residential homes for infants and children who have been removed from their own homes because of abuse or neglect. The event is kicked off with lunch, provides



beverages on the course, a tournament golf shirt, range balls, goodie bag, dinner for two — beverages included, and gifts and prizes for all. The most important gift is your support. We are in need of sponsors, so please let Victoria know if you'd like to sign up! Help us stop the cycle of child abuse and enjoy a day with friends on the links! Visit: www.TheHavenForChildren.com

Raymond James & Associates is not affiliated with The Haven for Children.

The S&P 500 is an unmanaged index of 500 widely held stocks. The NASDAQ Composite Index is an unmanaged index of all stocks traded on the NASDAQ over-the-counter market. The Dow Jones Industrial Average is an unmanaged index of 30 widely held securities. It is not possible to invest directly in an index.

What Are “Catch-Up Contributions?”

Answer:

If you are 50 or older, or you will reach age 50 by the end of the year, you may be able to make contributions to your IRA or employer-sponsored retirement plan above the normal contribution limit. Catch-up contributions are designed to help you make up any retirement savings shortfall by bumping up the amount you can save in the years leading up to retirement. Catch-up contributions can be

made to traditional and Roth IRAs, as well as to 401(k) plans and certain other employer-sponsored retirement plans. But if you participate in an employer-sponsored retirement plan, check the plan rules--not all plans allow catch-up contributions.

How much can you contribute as a catch-up contribution? It depends on the type of retirement plan you have and the tax year for which you are making the contribution.

Contribution for tax years 2010 and 2011:

401(k), 403(b), governmental 457(b) plans:*

- \$16,500 regular annual contribution limit and \$5,500 catch-up contribution limit

SIMPLE plans:

- \$11,500 regular annual contribution limit and \$2,500 catch-up contribution limit

Traditional and Roth IRAs:

- \$5,000 regular annual contribution limit and \$1,000 catch-up contribution limit

*403(b) and 457(b) plans also have special catch-up rules that may apply.



Quinoa Salad with Asparagus, Dates, and Orange

Ingredients

Salad:

- 1 teaspoon olive oil
- 1/2 cup finely chopped white onion
- 1 cup uncooked quinoa
- 2 cups water
- 1/2 teaspoon kosher salt
- 1 cup fresh orange sections (about 1 large orange)
- 1/4 cup chopped pecans, toasted
- 2 tablespoons minced red onion
- 5 dates, pitted and chopped
- 1/2 pound (2-inch) slices asparagus, steamed and chilled

Dressing:

- 2 tablespoons fresh lemon juice
- 1 tablespoon extra virgin olive oil
- 1/4 teaspoon kosher salt
- 1/4 teaspoon freshly ground black pepper



Preparation

1. To prepare salad, heat 1 teaspoon oil in a large nonstick skillet over medium-high heat. Add white onion to pan; sauté 2 minutes. Add quinoa to pan; sauté 5 minutes. Add 2 cups water and 1/2 teaspoon salt to pan; bring to a boil. Cover, reduce heat, and simmer 15 minutes. Remove from heat; let stand 15 minutes or until water is absorbed. Transfer quinoa mixture to a large bowl. Add orange and next 5 ingredients (through jalapeño); toss gently to combine.
2. To prepare dressing, combine juice and next 4 ingredients (through garlic) in a small bowl, stirring with a whisk. Pour dressing over salad; toss gently to coat. Sprinkle with chopped mint. Garnish with mint sprigs, if desired. Serve at room temperature.

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