

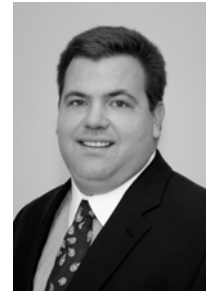
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Dear Reader:

Please find enclosed some important information about strokes. A client of ours shared it with us and we felt moved to share it with you. Recently, my friend's Mother suffered a stroke and had my friend know the information contained here, the outcome may have been different.

Did you know...

...Stroke is the #1 cause of serious long-term adult disability in the United States?

.... every 45 seconds someone in the United States will have a stroke?

Our hope in sending out this information, is to help you or help your loved ones if the need arises...hopefully, it never will. We believe knowledge is power.

While this information has nothing to do with money, investing or finances, I hope you appreciate it. If it helps save your life or a loved one's life, it was worth it.

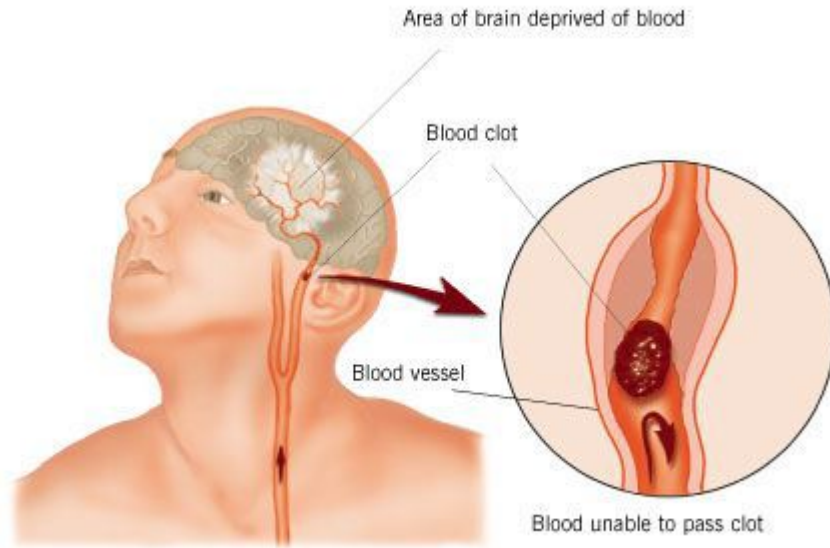
Sincerely,

A handwritten signature in black ink, appearing to read "Scott A. Koehn". The signature is fluid and cursive, with a long horizontal flourish extending to the right.

Scott A. Koehn  
Financial Advisor, RJFS  
Registered Principal, RJFS

P.S. We are having a seminar on Retirement and Tax Planning in April. Also, we are planning our 2<sup>nd</sup> Annual Shred-It event in May. Please stay tuned!

## **STROKE: Remember The 1st Three Letters.... S.T.R.**



If everyone can remember something this simple, we could save some folks. Seriously..

### **RECOGNIZING A STROKE**

Just remember the '3' steps – S.T.R . Read and Learn!

Sometimes symptoms of a stroke are difficult to identify. Unfortunately, the lack of awareness spells disaster. The stroke victim may suffer severe brain damage when people nearby fail to recognize the symptoms of a stroke.

Now doctors say a bystander can recognize a stroke by asking three simple questions:

**S** \* Ask the individual to **SMILE**.

**T** \* Ask the person to **TALK** and **SPEAK A SIMPLE SENTENCE** (Coherently)  
(i.e. It is sunny out today)

**R** \* Ask him or her to **RAISE BOTH ARMS**.

*NOTE: Another 'sign' of a stroke is this: Ask the person to 'stick' out their tongue, if the tongue is 'crooked', if it goes to one side or the other- that is also an indication of a stroke.*

If he or she has trouble with ANY ONE of these tasks, call 911 immediately and describe the symptoms to the dispatcher.