

December 9, 2019



*Top: Craig, Kayleigh  
Bottom: Ben, Kim, Peter*

Dear Friends,

December brings holidays such as Winter Solstice, Hanukkah, Christmas, Kwanzaa and New Year's (chronologically ordered) just to name a few. We all like to think these days will be filled with laughs, relaxation, and time well spent with loved ones. Although, in reality, this time of year brings even more hectic schedules such as traveling, buying gifts, cooking, party hopping, cleaning, and hosting which seems to have morphed into the holiday norm. It can be a lot, and we understand.

Now, with that being said, try not to let past holidays hinder your experience and memories to come this holiday season.

- Remember that it is OK to accept help whether it be clearing the driveway of snow, cooking, cleaning or help with the children. Four hands are always better than two!
- It is the act of giving, not the price of a gift. Overspending can cause unnoticed stress- is the cost of spending bringing you joy or causing a burden?
- A recommendation from the historical remedies, make a priority list for stressful days and perhaps, if any, calmer days. Maybe there are items that are less important that can be removed from the list?
- If you notice a friend or a neighbor is going without this year, extend an invite. Maybe it's a dinner, or along for a holiday party. Being kind can make a person's day.

Here at The Mendall Financial Group we care about our friend's well-being. Not just at this taxing time of year, but all year. Happy Holidays!



*~ Additional Information on Back ~*

### **Additional Information:**

During the past fiscal year, Raymond James Charitable assets grew to a record \$662 million, while grants to charities totaled \$105 million. Since inception, Raymond James Charitable has made grants of nearly \$492 million to organizations chosen by our donors.

On behalf of our clients and professional friends, we have made a holiday donation to Honor Flight Maine. This non-profit organization helps assist and provide Veterans transportation to Washington D.C to witness their respective memorials. Throughout the year we continue to support local organizations such as: Augusta Kiwanis, Holocaust & Human Rights Center, and the Friends of the Cobbossee Watershed.

Sincerely,

Peter, Kim, Craig, Ben, Kayleigh  
*Mendall Financial Group LLC®*