



## A Woman's Life Well Planned

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**Even A Wonder Woman Needs A Plan**

**by Wendy L. Sachs**

Dear Ladies –

What is going on in this country these days?!? From government, to economics, to entertainment, the media has plenty to keep our heads swimming. It's easy to get wrapped up in it all and feel a bit overwhelmed. Before we get caught up in it all, take a deep breath and step back a little bit.

Let's bring it back to just our own world...the one we race around in our daily lives in between kids, work, laundry, dinner, pets, home life...and so forth. Keeping it all in line is what we are masters at...well most days. We are women...each a Wonder Woman in her own right. (Though sometimes with the help of a glass of wine in the evenings.)

Taking the time to manage and understand our finances isn't always easy. A lot of women manage the home checkbook, but I'm talking beyond that. I'm talking about making sure the *future* you is being prepared for, your children's colleges and wedding are being planned for, caregiving for your parents is being thought about, insurance needs are met, protecting your assets from the government later on...those kind of things require a lot more attention. But the value of having a firm handle on it all is immense. But don't worry, you don't have to do it alone.

A plan. I am a huge believer in having a plan. Why? Because statistics show that 80% of us will be single in our later years (be it divorce, death, or personal choice), resulting in increased financial responsibility and the

stresses that come with it. Just to throw out another statistic, did you know the average age of becoming a widow is 59?!? Way too young!\*

A plan is so essential to keeping balance to your life, even through the unexpected. But before we can create a plan, we need to take inventory of where we are right now.

Attached is a worksheet for you to look over and help you get a visual of where you currently stand. A little homework if you will, but you don't have to turn it in. This is where you start; an understanding of where you are so you can know where to go and what paths to take to get there.

Let me know if you have any questions!

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