

# the **TIDBIT OUR MONTHLY NEWSLETTER**



Welcome to the Tidbit, our monthly newsletter highlighting the latest news,

healthy living tips, sports tips, recipes and other fun topics you may find interesting. We hope you enjoy reading and maybe even take away a few tidbits to pass on to others!

season and throughout the year.

with laughter, steaming cups of hot chocolate brimming with marshmallow and a warmth that can only be found in the coldest of seasons. It can also serve as a time of reflection and remembrance as we turn our eyes toward the future – whatever it may bring. As you and your loved ones gather together to celebrate in the ways that are unique to you, we hope you have your fill of rest and reflection on the good things life has in store – both during the winter

We are a Toys for Tots Drop-Off Location! Our Decatur office is a drop-off location for Toys for Tots this year! Toys for Tots is an organization run by the United States Marine Corps that collects and distributes toys to less fortunate children. If you would like to participate in our toy drive, please drop off your brand new, unwrapped toys at our office by December 15<sup>th</sup> and we will pass them



## along to the Morgan County branch of Toys for Tots, who will distribute them to children throughout the county.

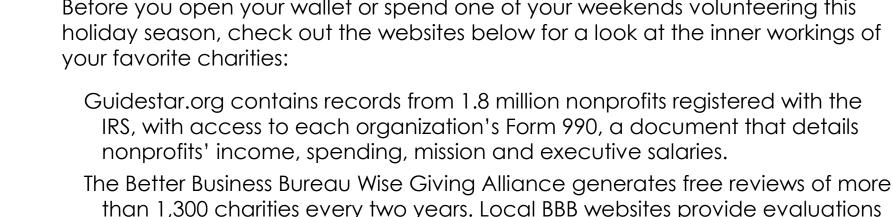
Holiday Hours The financial markets and our offices will be closed on Monday, December 26<sup>th</sup> in observance of Christmas and Monday, January 2<sup>nd</sup> in observance of the new year. You can, of course,

# year-round. **HEALTHY LIVING**

access your accounts using Raymond

James Investor Access at any time,

Charitable Giving Makes for a Healthy Heart 'Tis the season for charitable giving! No matter what traditions you hold around the holiday season, there is one we can all share: The importance of giving to those less fortunate than ourselves. Charitable giving can be one of the most satisfying aspects of a financial plan – and it may even have a feel-good impact on your year-end tax liability. Some charities, however, devote too many resources to marketing campaigns and exorbitant overhead, and not enough to the cause. So how do you know if a charity is doing right by your donation? Forbes.com reports that charitable giving grew 4.9% in 2013,



than 1,300 charities every two years. Local BBB websites provide evaluations on an additional 10,000. CharityNavigator.org provides ratings (four stars being the highest) on the charities it follows, based on financial health, accountability and transparency. Of the three websites listed here, this is widely recognized as the easiest to navigate and understand.

**GOING GREEN Green Gift Wrapping** According to research conducted by the Hallmark Company, Americans spend

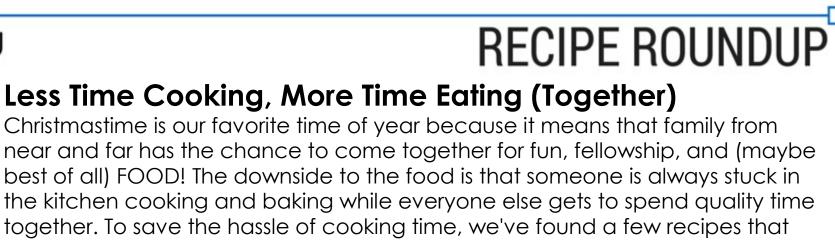
approx. \$3.2 billion on wrapping paper and gift bags each year! That's \$3.2 billion wasted on paper products that will most likely be ripped to shreds and thrown away. Why not get creative this year and wrap your gifts up in unique

# Reusable fabric gift bags

Fabric scraps

Clay flower pots

your family and less time preparing them.



For directions, click here.

For directions, click here.

#### Cranberry Pistachio Cheese Log <u>Ingredients</u> 250 gram block cream cheese, softened 1 cup grated sharp cheddar cheese 1 cup grated havarti cheese

2 teaspoons dijon mustard

½ cup pistachio nuts, chopped Thin wafer biscuits for serving

½ cup dried cranberries, roughly chopped

1 dash nutmeg

take 10 minutes or less to make, giving you more time eating yummy foods with

<u>Ingredients</u>

JOKE OF THE DAY Whats the difference between the Christmas alphabet and the ordinary alphabet? A B C D E F G H I J K \_ M N O P Q R S T U V W X Y Z

by Barry Hill, Financial Advisor

season.

The Christmas alphabet has Noel.

We see many fun gatherings in your near future, so here are several quotes from

famous sports figures to share with your friends and families over this Christmas

"There may be people that have more talent than you, but there's no excuse

"It's not whether you get knocked down; it's whether you get up."

"If you don't have confidence, you'll always find a way not to win."

-Vince Lombardi (Green Bay Packers Coach)

-Derek Jeter (New York Yankee Short Stop)

"If you aren't going all the way, why go at all?"

"When you come to a fork in the road, take it." -Yogi Berra (New York Yankee Catcher)

-Greg Norman (Professional Golfer)

-Rocky Graziano (Professional Boxer)

Have the Nice List at Your Fingertips!

but because I couldn't spell it."

**TECH TALK** 

quality and not quantity.

Easy budgets per person

• Add people from your iPhone contacts

Custom Christmas backgrounds

Print lists directly from the app

-Joe Namath (New York Jets Quarterback)

for anyone to work harder than you do."

-Carl Lewis (Track and Field)

On the lighter side:

### "The other day they asked me about mandatory drug testing. I said I believed in drug testing a long time ago. All through the '60s I tested everything." -Bill "Spaceman" Lee (Boston Red Sox Pitcher) "I owe a lot to my parents. Especially my mom and dad."

"I quit school in the sixth grade because of pneumonia. Not because I had it,

We all made our Christmas lists as children (and some of us as adults) without

much each of their gifts cost and how much of the budget is left. This also takes

wise – we know how kids can be about equality! The best part about the app is

the guesswork out of ensuring each child gets the same as the others, value-

that it can save you money and ensure that you buy a gift based upon its

#### Add your favorite stores to a pick list of popular retailers Track gifts by status: shipping, received, and wrapped Keep photos of people and gifts Countdown of shopping days until Christmas

• Enter gift once, assign to multiple recipients

The Christmas List App has a multitude of uses, including:

• Sync lists via AirDrop or email; no need to re-enter info Shopping list view to get you through the stores quickly

Enter multiple gifts quickly and easily, just like jotting a note

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Todd Carden, CFP® Barry Hill Financial Advisors IN THE NEWS Say Hello to the Holidays Each year – after the sweltering heat of summer has vanished and we've made the mad dash toward the finish line that fall seems to bring – we welcome the holiday season with open arms. And no matter how you choose to celebrate, this time of year almost seems set aside for family gatherings filled

## with digital donations making up 6.4% of the overall amount. And with households giving an average of 1.9% of their aftertax income each year, according to an annual report conducted by the Indiana University Lilly Family School of Philanthropy, it can be important to make sure your dollars are used effectively to make a difference.

### Before you open your wallet or spend one of your weekends volunteering this holiday season, check out the websites below for a look at the inner workings of your favorite charities: Guidestar.org contains records from 1.8 million nonprofits registered with the

people, practices and impact – and feel confident that your money and time can truly make a difference. Consider taking the kids or grandkids with you and creating a family charitable tradition you can pass down through the generations. You may see firsthand the value and effectiveness of your charitable gift at work.

Of course, the best way to get to know how a charity works is to spend time with

it. By volunteering, you will be privy to an insider's view of the organization's

Recycled wrapping paper

and cost-saving ways like these shown below:

Newspapers, magazine, maps

### Gingerbread Cheesecake Dip 18 oz package cream cheese, softened 1/4 cup brown sugar 1/4 cup powdered sugar, sifted 3 tablespoons molasses 1 teaspoon ground ginger

4 oz Cool Whip (or 1½ cups freshly whipped cream)

1 teaspoon ground cinnamon

Graham crackers for servina

## Bonus recipe for the kids: **Grinch Punch**

SPORTS CENTER **Quote Your Favorite Players at Christmastime** 

- regard for the exorbitant amount of money our parents would have to spend to fulfill the entire list. Wouldn't it be nice if our children had a budget and knew how many of their gifts they could get within that budget? With the Christmas List app (\$1.99 from the iTunes Store), it's easy for each family member to track how
- Share list using Messages or Mail At-a-glance view of shopping progress
- facebook. You are receiving this email as a courtesy from your trusted team of advisors: Todd Carden, MBA, CFP®, Financial Advisor, Branch Manager Barry Hill, Financial Advisor
  - NEBRIDGE RAYMOND JAMES WEALTH MANAGEMENT



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